



YEAR 8

TEAM YEAR 8 2022-2023





# North Leamington School

## YEAR 8 TRIP TO PARIS



**C**ommitment, **O**pportunity, **R**espect & **E**xcellence  
for all and in all that we do



# Agenda

- Château de Grande Romaine - Paris
- The PGL difference
- Popular excursions
- Adventure activities
- Accommodation & Facilities
- Catering and dietary needs
- Health & safety
- Travel
- FAQs
- Questions?





# Château de Grande Romaine - Paris

- Rural setting, just 20 miles from Paris
- Opportunity to use French in real-life situations
- Authentic French experience with the comforts of home
- Owned & managed by PGL
- Disneyland Paris only 30 minutes by coach





# The PGL difference

- Dedicated PGL Tour Leader
- Tailored excursion programme to cultural places of interest
- On-site adventure activities
- Evening entertainment programme
- 24-hour support from our centre team

# Day of Departure.....(sorry)

- Departing NLS
- All students attending the trip will arrive promptly at 4.30am on Friday 19<sup>th</sup> May.
- We will have four coaches that will take us from NLS to Chateau de Grande Romaine.
- We will be travelling by ferry for part of the journey (travel sick tablets at the ready), which will give students an opportunity to stretch their legs and purchase some refreshments or eat their packed lunch.
- Dinner will be provided at the chateau Friday evening.
- Departing Chateau de Grande Romaine
- We will return back to NLS at approximately 22.30 on Monday 21<sup>st</sup> April. We will send a group call an hour before our expected return time. We will also inform you of any delays that we incur immediately.







# Itinerary

# Day 2

| Date/Time                   | Price   |                            |
|-----------------------------|---|----------------------------|
| <b>Friday 19 May 2023</b>   |   |                            |
| Evening                     | Entertainment on Centre   |                            |
| <b>Saturday 20 May 2023</b> |   |                            |
| 10:30                       | Eiffel Tower Package Groups (2nd Floor Stairs)                              | Included in tour cost      |
| 13:30                       | Bateaux Parisiens - Package Groups  | Included in your tour cost |
| Afternoon                   | Explore Paris (coach tour with opportunity to alight at places of interest) |                            |
| Evening                     | Entertainment on Centre   |                            |

| Date/Time                 | Price  |                       |
|---------------------------|--|-----------------------|
| All Day                   | Disneyland Paris 1 day, 2 parks - Package groups | Included in tour cost |
| Evening                   | Entertainment on Centre                          |                       |
| <b>Monday 22 May 2023</b> |  |                       |
| Morning                   | Hypermarket                                      |                       |



# SCHOOL MOBILE NUMBER

07918 335230



**C**ommitment, **O**pportunity, **R**espect & **E**xcellence  
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# Evening entertainment

- Snail tasting
- Crêpe making
- Boules tournament
- Disco
- French songs around campfire
- Mini Olympics
- Talent Show





# Accommodation and facilities

- Comfortable 4-8 bunk-bedded rooms
- En suite facilities
- Extensive grounds for ball sports
- Traditional boules pitch
- Football pitches & basketball courts
- Disco
- Shop
- Games room & cinema room
- Classrooms
- Wi-Fi (Château Leaders Lounge)

# ACCOMMODATION

- €5M investment including a brand new and refurbished accommodation
- Pupils are accommodated in 4-7 bedded rooms, all en suite with shower and toilet facilities
- All rooms are lockable with card key (party leader given master key).
- All exterior doors and gates are locked at night.
- A PGL staff member is available on duty throughout the night.
- The extensive facilities (other than activity bases) are available to our group during their free time.





# Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar
- Vegetarian option
- Special diets catered for by prior arrangement
- Opportunity to try local dishes – including snails!
- Sample menus available online: [www.pgl.co.uk](http://www.pgl.co.uk)

# Catering and Dietary Needs

- Processed food is avoided and meals meet Local Authority guidelines.
- Breakfast is continental style with a choice of cereals, bread, butter and jam plus hot and cold drinks.
- A packed meal is provided for lunchtime. Guests will prepare their own sandwiches at breakfast. We also provide water, crisps, fruit and cake or biscuits.
- Dinner is a self-service 2 course meal.
- At each evening meal the buffet includes a salad bar and mixed fruit basket plus hot and cold drinks.
- There is always a vegetarian option but please advise me of this requirement in advance.
- PGL caterers can deal with most dietary requirements but please ensure that I am aware of any dietary requirements well in advance. Where the ingredients are not available in France I may ask you to bring certain items with you



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



**BREAKFAST**

**AVAILABLE EVERYDAY**

Fruit yogurts. Selection of dried fruits. Platter of fresh fruit. Fruit juice | Croissants or pain au chocolat baked on site | Fresh bread | Portions of Jam and honey | Selection of fresh cheese



**LUNCH**

**AVAILABLE EVERYDAY**

Prepare your own lunch from the following choice - ham, turkey, cheese, tuna mayonnaise, eggs and egg mayonnaise. Selection of soft cheeses, jam, honey and salad buffet.



**DINNER**

**AVAILABLE EVERYDAY**

Soup of the Day  
Cold meat platter and salad bar  
choice of meat, vegetarian option or vegan

Breaded Turkey Fillet  
Mushroom Stroganoff

Tomato sauce

Side

Plain potato wedges & Couscous

Peas & Baby Carrots

Peaches & cream

Bolognese Sauce  
Vegetable Bolognese

Side

Spaghetti & Garlic Bread

Broccoli & Glazed mixed vegetables

Chocolate mousse

Roast Loin of Pork  
Pineapple sauce

Tomato, cheese and basil quiche

Side

Noisette Potatoes & Rice

Cauliflower & Julienne Vegetables

Sugar-Dusted Ring Donut

Chicken in Red Wine Sauce

Three Cheese Tart

Side

Roast potatoes & Butterfly Pasta

Mixed Green Vegetables & Sliced Carrots

Apricot tarte

Battered Fish Fillet

Tartare Sauce

Vegetable Lasagne

Side

"Steakhouse" chips

Peas & sweetcorn

Ice cream

Beef Lasagne  
Vegetable Rissotto

Side

Plain potato wedges & Garlic Bread

Broccoli & Roasted Mixed Peppers

Lemon Drizzle Cake

Roast Turkey  
Mushroom sauce

Vegetable Vol au vent

Side

Dauphinois Potatoes & couscous

Roasted Tomatoes & Green Beans

Chocolate Eclair

For your last evening, we offer you a tasting of snails



# Health & safety

The PGL Code of Practice describes all safety and operational procedures both on and off-site including:

- Sample risk assessments
- Staff-to-pupil ratios
- Operating procedures
- Staff vetting & training
- Site security
- First Aid procedures
- Emergency procedures

[www.pgl.co.uk/cop](http://www.pgl.co.uk/cop)

# Health & Safety

- All centres and activities are **fully risk assessed** every year.
- The PGL Code of Practice details all the **control measures** put in place to minimise risk.
- **Sample risk assessments** are available on line and specific assessments are available from PGL on request.
- **Staff to pupil ratios** comply with recognised industry standards.
- **Operating procedures** all comply with recognised industry standards and National Governing Body guidelines where these are relevant.
- PGL **recruitment officers** have extensive experience at a senior level on centre and make selections based on a detailed application form.
- Two formal **written references** are taken and applicants have to provide **documentary evidence** of all qualifications claimed.
- All offers of employment are subject to **DBS checks**, the successful completion of **pre-employment training** and a favourable **probationary period**.
- All our **instructors** are specifically trained for our programmes to ensure the delivery of safe and rewarding sessions across a wide range of activities.
- At every PGL centre there is an experienced and professional **Centre Manager** (supported by Senior Staff) who is in charge of centre operations and has overall responsibility for the success of the course and the performance of our staff.
- It is the policy of PGL to take all reasonable steps to ensure the **safety and security** of all guests and staff on our centres (details in Code of Practice).
- Each centre has at least two **First Aid** staff who hold the “First Aid at Work” qualification and in addition all our instructors and group leaders complete an 8 hour first aid course. Party Leaders and teachers will ultimately remain responsible for the administration of first aid to their party members.
- There are rigorous general accident and **emergency procedures** in place.
- Through the **Quality Badge Programme** you can be confident that recognised providers fulfil all the necessary criteria as laid down by the DfE, thereby better enabling Party Leaders to manage visits safely, efficiently and beneficially.





# TRAVEL

- En route stops are made throughout the journey for toilets refreshment and meal breaks.
- I suggest that parents/carers supply picnics, snacks etc. for the outward journey.
- Regular stops will be made en route, but service areas can be expensive. Euros will be required for stops abroad.
- There will be space for one piece of luggage per person plus a small piece of hand luggage. Please ensure that pupils plan their packing so that everything they need on the journey is taken on board at the outset.

# KIT LIST

## What to bring

Clothes are likely to suffer wear and tear and also get dirty and wet, therefore you should bring several changes of old clothes for doing activities. Jeans are not suitable for activities as they get heavy and cold when wet and don't dry out quickly. Please ensure that all items are named. Please note, bedding is provided for all guests at PGL centres in Northern France.

### Kit list

- Suitable nightwear
- Underwear
- Long and short-sleeved T-shirts
- 1 pair trainers / shoes suitable for walking
- Swimming costume / trunks if planning to swim
- Shorts (summer groups)
- Sun hat / Baseball cap (summer groups)
- Hat and gloves (winter groups)
- Waterproof jacket / cagoule
- 1 or 2 sets of clothes for evenings

### For activities

- 1 pair old trainers (may get very wet / muddy)
- Old clothes – long sleeved T-shirts, leggings, sports clothing
- Fleece / sweatshirts
- Waterproof jacket (and trousers if you have them)

### Other items

- Washbag (including soap)
- Towel for showering
- Old towel for wet activities
- Sun cream (min. SPF 30), insect repellent & bite cream
- Watch / alarm clock
- Labelled plastic bags for wet/dirty/spare clothes
- Small rucksack for days out
- Drink bottle
- Pen and pencil
- Torch

### You will also need

- A passport (or collective passport for your group)
- European Health Insurance Card (EHIC). This is available free of charge. Apply online or pick up a form from the post office.
- Food and drink for your journey
- Pocket money
- Any personal medication



## FAQs

- Insurance
- What to take with you – kit list
- Valuable items – best left at home
- Pocket money – how much to take
- Electrical appliances – must be safe (no adaptors needed)
- Deodorants – roll-on only please
- Laundry – emergencies only
- Contacting your child



# FAQs

- PGL includes extensive **insurance cover** organised through travel insurance specialists (see separate insurance details).
- Please limit luggage to one case/bag per person and one item of hand luggage for carrying food etc. on the journey.
- The **kit list** is provided on the Parent Pupil Information Leaflets however we would like to stress that:
  1. Old, casual clothes are recommended
  2. Pack more clothes if it is likely to be wet weather.
  3. All clothing should be marked with the student's name and school.
  4. Brand new and expensive items (such as mobile phones) should be left at home.
- **Pocket money** - It is very much up to you. As a guide, a figure of £5.00 - £10.00 per day would be reasonable (please note that Euros are required).
- **Electrical appliances** - Guests are responsible for the safety of any electrical appliances brought to centre. The Centre Manager reserves the right to ask for appliances not to be used if they appear to be unsafe. Please bring a European adaptor.
- **Deodorants** - It is advised that children bring roll-on deodorants rather than aerosol deodorants as these can often set off fire alarms.
- **Laundry facilities** - There are limited laundry facilities on centre and therefore they can only be used in an emergency.
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# Expectations regarding mobile phones

- Mobile phones - Students will be able to use them during the trip, however we expect minimal use for communication and more use when taking photos of the sights.
- We will be discouraging students from posting any photographs on social during our time away.
- During the trip to Disney, students will be given an opportunity to explore the park in groups of 4 or more. At scheduled times during the day they will inform me of the time, location and individuals present in their group at that time.
- NLS and PGL will not take responsibility for any loss or damage.
- The purpose of the trip is to have experiences that allow them to improve their communication skills with a range of different people, be social with each other and build positive friendships.
- Inappropriate phone use will be dealt with as it would in school.



**Thank you for listening**  
**Any questions?**